

Put on your hiking boots and spend some time exploring our many walking tracks.

Walks vary from easy to steep with a variety of distances. Take advantage of the tracks that link together to vary and extend your walk.

SUMMIT TRACK

A moderate walk | 660m

Journey along the ridge top from the peak of Mt Pitt to the peak of Mt Bates, the highest points on the island. Venture through tea-tree forest and stately Norfolk pines. Catch spectacular panoramic views over Norfolk and the coast.

MOUNT BATES TRACK

An easy walk | 650m

Begin this track at Mt Pitt Road and enjoy a wide grassy trail through palm forests. This easy walk connects with the Summit Track, allowing you to continue on for breathtaking views over the north-west of the island.

OLD MOUNTAIN TRACK

A steep walk | 540m

Rather than driving up, take this path from the base of Mt Pitt and savour the expansive views from the top towards Phillip Island. The Old Mountain track was the main access to Mt Pitt prior to World War II. You can still see the remnants of a gun emplacement on this track.

PALM GLEN CIRCUIT TRACK

An easy to moderate walk | 910m

Enjoy the lush greenery as you take the walk through one of Norfolk Island's spectacular rainforest gullies, filled with tree ferns and Norfolk palms. Experience a magnificent panoramic view over the southern parts of Norfolk Island and out to Phillip Island.

RED STONE LINK TRACK

A moderate to difficult walk, some steep sections | 700m

Use this track between Bird Rock Track and Bridle Track to avoid the steep climb out from the Bird Rock lookout. From October to March the air is full of white terns, black noddies and red-tailed tropic birds.

McLACHLANS LANE

A steep walk | 650m

Starting from the Red Road entrance to the park, this path leads to a lush valley with a waterfall that flows after good rain. Look closely and you will see McLachlan's old house site among the Norfolk pine and white oak forest.

BRIDLE TRACK

A moderate walk, some steep section | 1.7km

Take the Bridle Track to climb right along the edge of the coastline. Enjoy spectacular views of the steep cliffs and Northern Islets as you wander past coastal vegetation, Norfolk Island pines and white oaks.

RED ROAD TRACK

A moderate walk, some steep sections | 1.3km

Walk from the Red Road car park towards the top of Mt Bates and experience the grandeur of some magnificent stands of Norfolk pine. Catch glimpses into the steep valleys on either side filled with palms and ferns. This is a good place to see birdlife - maybe even the green parrot.

PALM GLEN LINK TRACK

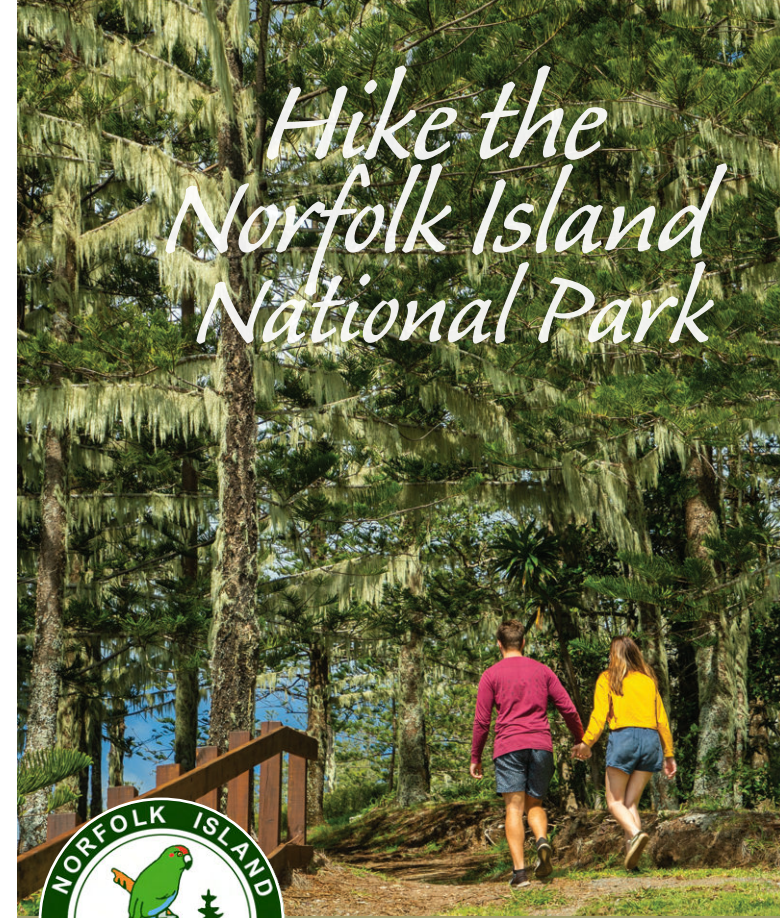
A moderate walk | 290m

Take this link walk from the Palm Glen Circuit Track to connect with the Red Road Track. This is your chance to see beautiful stands of native Norfolk palm mixed in with giant tree ferns.

BIRD ROCK TRACK

A moderate to difficult walk | 760m

Travel through pine forest before emerging onto a spectacular cliff top coastal view, overlooking Bird Rock. Consider returning via the Red Stone Link Track, to avoid the consistent uphill slope.



*Hike the
Norfolk Island
National Park*



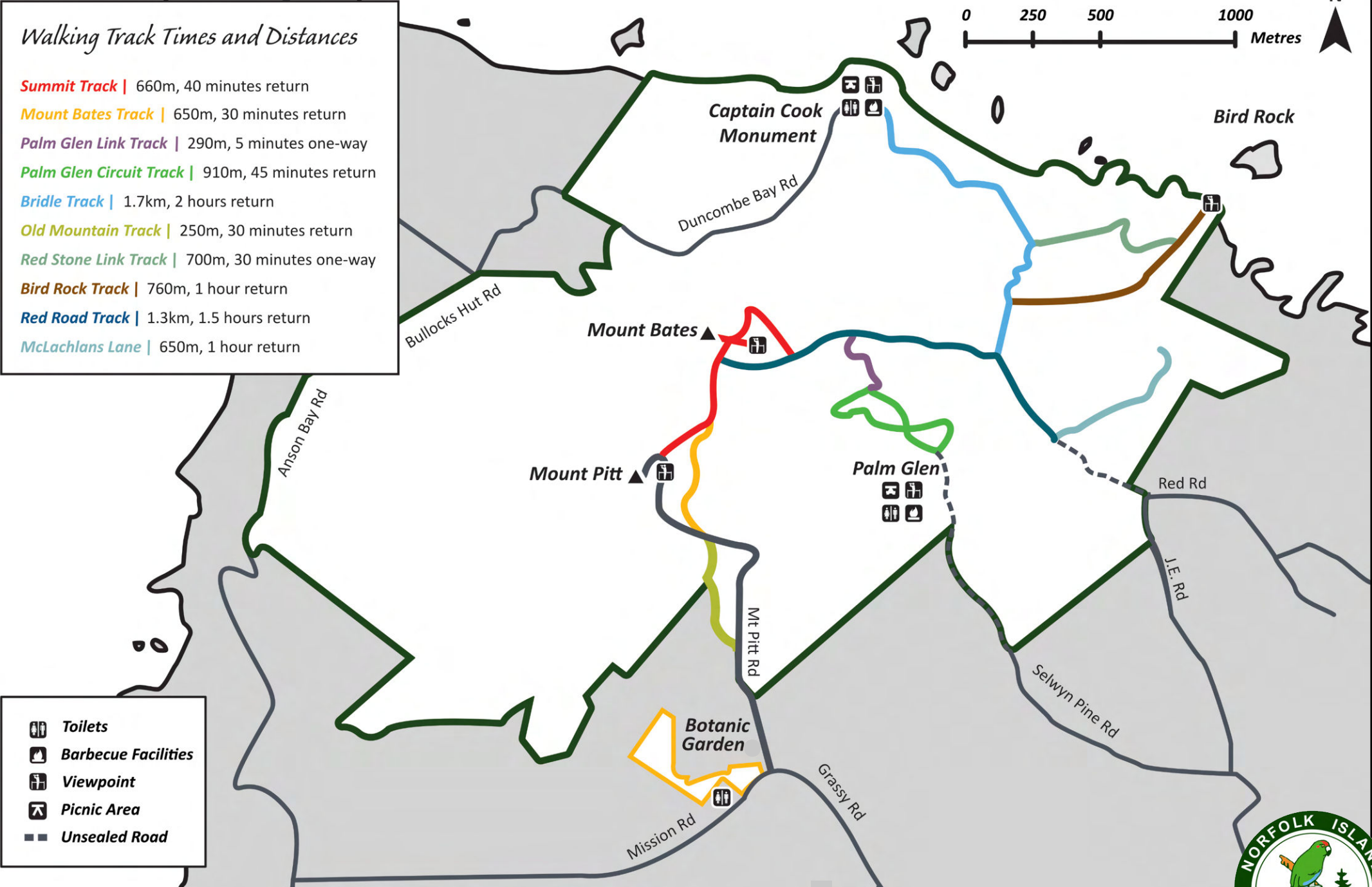
**WALKING
TRACKS OF
NORFOLK ISLAND
NATIONAL PARK**



Australian Government
Parks Australia

Walking Track Times and Distances

- Summit Track** | 660m, 40 minutes return
- Mount Bates Track** | 650m, 30 minutes return
- Palm Glen Link Track** | 290m, 5 minutes one-way
- Palm Glen Circuit Track** | 910m, 45 minutes return
- Bridle Track** | 1.7km, 2 hours return
- Old Mountain Track** | 250m, 30 minutes return
- Red Stone Link Track** | 700m, 30 minutes one-way
- Bird Rock Track** | 760m, 1 hour return
- Red Road Track** | 1.3km, 1.5 hours return
- McLachlans Lane** | 650m, 1 hour return



- Toilets
- Barbecue Facilities
- Viewpoint
- Picnic Area
- Unsealed Road

✔ For your safety and to avoid damaging plants, please remain on formed tracks at all times.

▲ Markers such as pink triangles and tagging tape are used by staff to identify rat bait lines, and are not for public access.

